

18th May 2018

To Whom It May Concern,

I would highly recommend Neish Consultancy for any career and/or personal development needs, especially for young professionals who are seeking that critical guidance for the wider context of their chosen industry.

I have seen Shona for six sessions over a period of four months in early 2018. We have covered a wide range of topics, including communication, presentation, leadership, self-awareness and self-confidence. Shona was incredibly knowledgeable in all of these topics, and she was always able to contribute creatively from very different viewpoints, e.g. scientific, spiritual, cultural and practical. Her prompts continued to inspire me to be become more creative in my own thinking and led me to find answers to very difficult questions by myself. As a result, not only have I gained new knowledge from Shona, but far more importantly, I was able to forge authentic understandings and skills for myself, which I am sure will benefit me for a lifetime.

Since our second session, we have initiated a personal Development Plan with well-defined and measurable goals, with the purpose of further growing these new understandings and skills. Over the last few months, I put the numerous techniques and philosophies learnt from our sessions into practise, and I was delighted to see myself improving significantly. The Development Plan is now something I have incorporated into my monthly routine, and I am very much looking forward to the future fruits it will bring!

Due to the great success from our last sessions, Shona and I have agreed to meet up again next year; I am excited to share and discuss with her the personal growth I will achieve by then, and of course, I am very intrigued by what doors our future sessions will be able to open.

I hope that this testimony was able to provide an insight to what an experience at Neish Consultancy may be like. As I have stated earlier, I would highly recommend this service – it can certainly be very worthwhile.

Zhiheng Lou